



# THE FUTURE OF DIABETES PREVENTION AND CONTROL IN MARYLAND

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# Diabetes in Maryland

- In 2012, 10.4% of Maryland adults reported being told by their doctor they have **diabetes** (over 460,000 Maryland adults)<sup>1</sup>
- Based on NHANES data released by CDC this month (2009-2012)<sup>2</sup>:
  - In 2012, 4,376,614 Maryland adults were **20+** years in age; **37%** of these adults are estimated to have **prediabetes** (1,619,347)<sup>3</sup>
  - In 2012, 763,019 Maryland adults were **65+** years in age; **51%** of these adults are estimated to have **prediabetes** (389,140)<sup>3</sup>

<sup>1</sup> Maryland BRFSS

<sup>2</sup> Centers for Disease Control and Prevention. *National Diabetes Statistics Report: Estimates of Diabetes and Its Burden in the United States, 2014*. Atlanta, GA: U.S. Department of Health and Human Services; 2014.

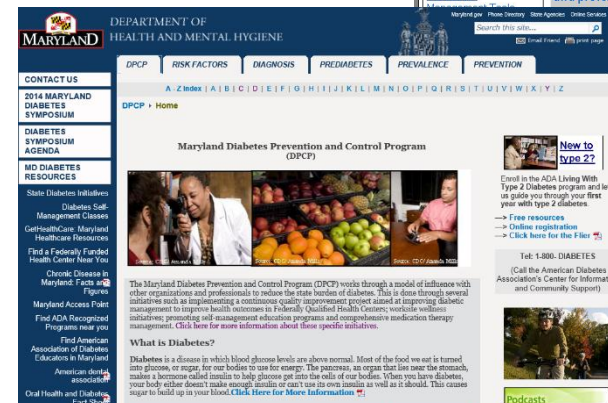
<sup>3</sup> Maryland Department of Planning, 2012 US Census Population Estimates

# Priorities—Center for Chronic Disease Prevention and Control

- Diabetes prevention
- Diabetes management
- Increasing access to care
- Increasing community – provider linkages
- Quality of care
- Improved health outcomes
- Tracking outcomes and progress at population level

# Partnering in the Community—Center for Chronic Disease Prevention and Control

- Program delivery
- Access to programs
- Networking Opportunities
- Funding
- Quality assurance



# How you can target diabetes in your community

- Participate in statewide **networking** opportunities
- Deliver **evidence-based programs**, such as the National Diabetes Prevention Program
- Provide participant outcomes to providers to **close communication loop** with care team
- Use **electronic health records** and utilize **evidence-based guidelines** to manage population
- **Refer patients** and those at high risk to programs in the community, such as Diabetes Self-Management Programs
- **Consider social determinants** of health when developing care plans
- Targeting programs to **address health disparities**
- **Integrate diabetes care** into chronic disease care plans
- **Connect with community providers**, such as pharmacists and dentists to identify undiagnosed and those at risk



# What will you do when you leave today?

## Please Share your Action Steps...



# Center for Chronic Disease Prevention and Control

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